



**Youth Participants with Serious Emotional Disorders (SED)
Served between July 1, 2008 and June 30, 2009**

SED Core Participant Data

There were six-hundred and sixty-one individual participants served in the IASN during SFY2009. Between July 1, 2008 and June 30, 2009, three-hundred and seventy-nine (379) unduplicated youth participants with confirmed mental health diagnosis's, categorized as (SED) Serious Emotional Disorders, were served by the Iowa Aftercare Services Network. Youth with SED represented 57% of the total number of unduplicated participants served during this fiscal year. The following information, data, and charts represent only those SED participants served during this time.

During this report period, one-hundred and fifty-six (156) SED participants enrolled for the first time to receive services; seventy-nine (79) SED participants returned to IASN after a previous exit; one-hundred and forty-four (144) participants were continuing services and had an initial or return intake prior to the beginning of the fiscal year. One-hundred and twenty-three (123) SED participants had a final interview prior to leaving an IASN agency either for transfer or end of services.

All three-hundred and seventy nine (379) SED participants served during FY09 were at various stages of their enrollment, and therefore, it is not possible to show the end result of each participants' experience with IASN. We can however, show the end result of those who had exits with us during this time frame. With the implementation of the PAL stipend, we have seen a dramatic increase in the length of stay for participants from 3-6 months to 12-18 months.

By selecting the unique client id of these 379 participants, we are able to go back and pull from the database their initial interview data, even if the initial interview was prior to the current report period. This report gives an overview of how youth participants with SED, who were served during this fiscal year, looked like when they enrolled in the IASN for services for the first time. Their challenges are significant. This report will also give a snap shot of those participants (123) who had an exit interview during the report period. Again, the total number of exits will not equal the total served because not all had exit/final interviews during this report period, many were continuing services.

Gender of participants

by unique participant IDs

Gender	(N=379)	%
Male	154	41%
Female	225	59%

Prepared by:

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**Youth Participants with Serious Emotional Disorders (SED)
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ON YOUR OWN BUT NOT ALONE

Participant demographics

by unique participant IDs

participants may select more than one option

Ethnicity (N=379)		%
African American or Black	50	10%
Alaska Native	1	>1%
Asian	2	>1%
American Indian	13	3%
Hispanic or Latino	15	4%
Native Pacific Islander	2	>1%
White or Caucasian	310	82%
Other	7	2%

* 21 individuals selected more than one race

Participant age at initial interview

by unique participant IDs

Age at initial interview (N=379)	%
18 years	83%
19 years	12%
20 years	5%

Participant age at exit interview

by unique participant IDs

Age at initial interview (N=123)	%
18 years	36%
19 years	20%
20 years	24%
21 years	20%

Participant diagnosis (by most recent interview)

by unique participant IDs

Confirmed diagnosis with in past 12 months	(N=379)	%
Anxiety Disorder - PTSD or Acute Stress Disorder	11	3%
Anxiety Disorder - Other	4	1%
Behavior Disorders - Attention Deficit /Hyperactivity Disorder	45	12%
Behavior Disorders - Oppositional Defiant Disorder	8	2%
Behavior Disorder - other	8	2%
Mood Disorder - Depression or other Depressive disorder	103	27%
Mood Disorder - Bipolar Disorders	19	5%
Mood disorder - Other	18	5%
Personality disorders	7	2%
Dual Diagnosis (substance abuse + DSM-IV diagnosis)	76	20%
Multiple DSM-IV diagnosis (more than one main category)	80	21%

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**Youth Participants with Serious Emotional Disorders (SED)
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Reason Participant is not in Voluntary Placement (initial interview)

by unique participant IDs

Why is the participant not in Voluntary care?	(N=379)	%
Youth denied re-entry into care	38	10%
Youth has received high school diploma or GED	262	69%
Youth is 20 years old	11	3%
Youth is eligible but refuses services	68	18%

PAL Eligibility (initial interview)

by unique participant IDs

Is the participant eligible to receive PAL?	(N=379)	%
No	147	39%
Yes	232	61%

Currently will receive PAL stipend (initial interview)

by unique participant IDs

Will the participant receive PAL at this time?	(N=379)	%
No	176	46%
Yes	223	54%

Reason Participant is Not Receiving PAL stipend (initial interview)

by unique participant IDs

Why is the Participant not receiving PAL stipend at this time?	(N=176)	%
Income exceeds allowed amount	13	7%
Not living in approved living arrangement	32	18%
Not working or actively seeking full time employment, higher education, job training, or a combination of working and higher education or job training that would total 30 hours per week	24	14%
Youth did not leave foster care on or after their 18th birthday or been in care for 6 of previous 12 months	28	16%
Youth is eligible for voluntary foster care	63	36%
Youth is not meeting self responsibility requirements	9	5%
Youth left foster care prior to May 1, 2006	7	4%

Highest Degree Received (initial interview)

by unique participant IDs

Level of Education	(N=379)	%
High School Diploma	227	60%
GED (Graduate Equivalent Diploma)	45	12%
None	107	28%

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Highest Degree Received (exit interview)

by unique participant IDs

Level of Education	(N=123)	%
High School Diploma	92	75%
(A.A.) Associates Degree	1	1%
Vocational certificate or license	2	1.6%
GED (Graduate Equivalent Diploma)	17	14%
None	11	9%

Highest Level of Education Completed (initial interview)

by unique participant IDs

What is the highest level of education you have finished whether or not you received a degree?	(N=379)	%
8 th grade	1	>1%
9 th grade	8	2%
10 th grade	24	6%
11 th grade	86	23%
12 th grade	258	68%
13 th grade	2	>1%

Highest Level of Education Completed (exit interview)

by unique participant IDs

What is the highest level of education you have finished whether or not you received a degree?	(N=123)	%
10 th grade	9	7%
11 th grade	7	6%
12 th grade	88	72%
13 th grade	13	11%
14 th grade	6	5%

Current Employment (initial interview)

by unique participant IDs

What is your current employment status?	(N=379)	%
Employed full time (30+ hours per week)	81	21%
Employed part time	76	20%
Unemployed, looking for work	171	45%
Unemployed, long term disability	2	>1%
Not in work force	43	11%
Other	6	1.5%

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Current Employment (exit interview)

by unique participant IDs

What is your current employment status?	(N=123)	%
Employed full time (30+ hours per week)	28	23%
Employed part time	29	24%
Unemployed, looking for work	43	35%
Unemployed, long term disability	3	2%
Not in work force	15	12%
Other	5	4%

Incarceration (initial interview)

by unique participant IDs

Have you been incarcerated in the past 12 months?	(N=379)	%
No	283	75%
Yes	96	25%

Incarceration (exit interview)

by unique participant IDs

Have you been incarcerated in the past 12 months?	(N=123)	%
No	123	100%
Yes	0	0%

Needs Medication (initial interview)

by unique participant IDs

Do you need to take on going medication for your health (mental or physical)?	(N=379)	%
No	158	42%
Yes	14	55%
Unknown or refused	207	3%

Needs Medication (exit interview)

by unique participant IDs

Do you need to take on going medication for your health (mental or physical)?	(N=123)	%
No	59	48%
Yes	62	50%
Unknown or refused	2	2%

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Able to Access Needed Medication (initial interview)

by unique participant IDs

If you answered "Yes" above, are you able to get your needed medication?	(N=185)	%
No	27	8%
Yes	159	86%
Unknown or refused	11	6%

Able to Access Needed Medication (exit interview)

by unique participant IDs

If you answered "Yes" above, are you able to get your needed medication?	(N=62)	%
No	5	8%
Yes	54	87%
Unknown or refused	3	5%

Current Housing (initial interview)

by unique participant IDs

Where have you been living most of the time during the past 30 days?	(N=379)	%
Shelter (Safe havens, low demand facilities, reception centers, other temporary day or evening facility)	15	4%
Street/outdoors (sidewalk, doorway, park, public or abandoned building)	2	1%
Institution (hospital, jail/prison)	1	1%
Housed (Own, or someone else's apartment, room, house)	312	81%
Other (Group home, residential treatment, or transitional living center)	49	13%

Current Housing (exit interview)

by unique participant IDs

Where have you been living most of the time during the past 30 days?	(N=123)	%
Shelter (Safe havens, low demand facilities, reception centers, other temporary day or evening facility)	2	2%
Street/outdoors (sidewalk, doorway, park, public or abandoned building)	1	1%
Institution (hospital, jail/prison)	1	1%
Housed (Own, or someone else's apartment, room, house)	115	93%
Other (Group home, residential treatment, or transitional living center)	4	3%

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Self Harm History (initial interview)

by unique participant IDs

Have you ever...? (please select all that apply)	(N=379)	%
Made plans to commit suicide	124	33%
Attempted suicide	113	30%
Been hospitalized for a suicide attempt	101	27%
Ever inflicted self-harm in other ways (cutting, burning, etc.)	139	37%

Self Harm History (exit interview)

by unique participant IDs

Have you ever...? (please select all that apply)	(N=123)	%
Made plans to commit suicide	46	37%
Attempted suicide	39	32%
Been hospitalized for a suicide attempt	39	32%
Ever inflicted self-harm in other ways (cutting, burning, etc.)	49	40%

In the Past Six Months - Self Harm Recent (initial interview)

by unique participant IDs

In the past six months, have you... (please select all that apply)	(N=379)	%
Made plans to commit suicide	22	6%
Attempted suicide	13	3%
Been hospitalized for a suicide attempt	14	4%
Ever inflicted self-harm in other ways (cutting, burning, etc.)	41	11%

In the Past Six Months - Self Harm Recent (exit interview)

by unique participant IDs

In the past six months, have you... (please select all that apply)	(N=123)	%
Made plans to commit suicide	7	6%
Attempted suicide	5	4%
Been hospitalized for a suicide attempt	5	4%
Ever inflicted self-harm in other ways (cutting, burning, etc.)	9	7%

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Substance Use – Past 30 days (initial interview)

by unique participant IDs

During the past 30 days have you used... (please select all that apply)	(N=379)	%
Any Alcohol	98	26%
Alcohol to intoxication (5 + drinks in one sitting)	42	11%
Tobacco	185	49%
Prescription Drugs	87	23%
Marijuana	37	10%
Meth	2	>1%
Illegal Drugs other than marijuana or meth	4	1%

Substance Use – Past 30 days (exit interview – please remember many youth exit at age 21)

by unique participant IDs

During the past 30 days have you used... (please select all that apply)	(N=123)	%
Any Alcohol	38	31%
Alcohol to intoxication (5 + drinks in one sitting)	18	15%
Tobacco	61	50%
Prescription Drugs	21	17%
Marijuana	5	4%
Meth	1	1%
Illegal Drugs other than marijuana or meth	0	0%

Substance Abuse Counseling or Referral – Past 12 months (initial interview)

by unique participant IDs

During the past year have you been referred or received an assessment or counseling for alcohol or substance abuse?	(N=379)	%
No	299	79%
Yes	71	19%
Unknown or refused	9	2%

Substance Abuse Counseling or Referral – Past 12 months (exit interview)

by unique participant IDs

During the past year have you been referred or received an assessment or counseling for alcohol or substance abuse?	(N=123)	%
No	100	81%
Yes	22	18%
Unknown or refused	1	1%



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Vendor Information for April – June 2009

(SED Participants who did not receive PAL stipend)

Itemized List						
Rent	\$	4,003.00	\$	1,752.77	\$	4,677.23
Deposit	\$	1,375.00	\$	350.00	\$	710.00
Utilities	\$	388.02	\$	56.09	\$	335.73
Food	\$	5.50	\$	157.28	\$	462.17
Transportation	\$	186.67	\$	274.00	\$	829.00
Clothing	\$	1,125.93	\$	696.93	\$	606.68
Medical	\$	-	\$	-	\$	82.97
Household items	\$	166.58	\$	169.57	\$	449.01
Other	\$	1,550.91	\$	1,867.80	\$	1,233.59
Sub-Total	\$	8,801.61	\$	5,324.44	\$	9,386.38

Received PAL Stipend up to \$574 per month

April	May	June
SED Youth = 145	SED Youth = 149	SED Youth = 165